

First Grade - Telling Time, Week Days & Calendar Months

Telling Time



Time is 10:12:00  
Hour : Minutes : Seconds

The short hand, names the hour.  
The long hand, counts the minutes.

When both Hands stand at the top together,  
it's sure to be Twelve O'clock.

But whether that's twelve at noon or twelve at  
night depends on if it's dark or light.

Abbreviations: hour = hr., minute = min.

Fun Facts

- 60 seconds = 1 minute ☺ 60 minutes = 1 hour
- 24 hours = 1 day ☺ 1 day = 12 hours of a.m. + 12 hours of p.m.
- A.M. is midnight 12:00:01 to noon. ▪ P.M. starts at noon 12:00:01 to midnight.

Days of the Week

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Days of the Week Abbreviated

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
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Fun Facts

- Abbreviations: week = wk., year = yr.
- There are 7 days in a week. ▪ There are 52 weeks in a year.
- Sunday is the first day of the week. ▪ A new day starts at night 12:00:01 A.M.

Months of the Year & Sequence

January 1 <sup>st</sup>	February 2 <sup>nd</sup>	March 3 <sup>rd</sup>	April 4 <sup>th</sup>	May 5 <sup>th</sup>	June 6 <sup>th</sup>
July 7 <sup>th</sup>	August 8 <sup>th</sup>	September 9 <sup>th</sup>	October 10 <sup>th</sup>	November 11 <sup>th</sup>	December 12 <sup>th</sup>

Months of the Year Abbreviated & Days in the Month

Jan. (31)	Feb. (28)	March (31)	April (30)	May (31)	June (30)
July (31)	Aug. (31)	Sept. (30)	Oct. (31)	Nov. (30)	Dec. (31)

Fun Facts

- January is the first month of the year. ▪ There are 12 months in a year.
- There are 365 days in a year unless it is a leap year, then there are 366 days.
- February has 28 days unless it is a leap year, then it has 29 days. This happens every 4 years.